



# Jennie Emery School News

October 2011

## Important Information

*Thank you to everyone who has already returned their child's "Student Verification Form". This form is very important especially in the case of emergencies or injuries.*

For anyone who has not returned this form to the school office, please remember to send it as soon as possible so that the school office has the most up-to-date information in the computer for your child.

### Thanksgiving

The Thanksgiving Day Holiday will be celebrated on **Monday, October 10<sup>th</sup>**. There will be **No School** for students or staff on this day. **Tuesday, October 11<sup>th</sup>** is a P.D. Day— there will be **No School** for students.

Have a great L-O-N-G Weekend!



### School-wide Assembly

The Jennie Emery Elementary School assembly will be held at 9:00 a.m. on **Friday, October 7<sup>th</sup>, 2011**. The Grade 4 classes and their teachers will host this month's assembly. Everyone is invited to join us at the assembly.

### Nut and Nut Product Allergies

There are students and staff in our school who are extremely allergic to peanuts and other nuts. Given this, please **DO NOT SEND NUTS or PRODUCTS CONTAINING NUTS** to school with your child. An allergic reaction to nuts can be life threatening!

### Volunteer Orientation

The "Volunteer Orientation" for the 2011-12 school year will take place in the school library immediately following the morning assembly on October 7<sup>th</sup>. If you are interested in volunteering

in the school and would like to attend this information session please join us. Refreshments will be served. We hope to see you all there!

### Halloween Parties

On Monday, **October 31<sup>st</sup>**, classes will be celebrating individual homeroom Halloween parties in the afternoon. These will occur after the 12:45 pm parade of costumes taking place in the gym. We ask that all students wait until after the lunch hour to dress up.

### Picture Retakes

Picture retakes will be done on October 27, 2011 in the morning.

### Thank You

Thank you to the "Mom's" who volunteered their time and assisted with the Lifetouch picture days on September 28<sup>th</sup> and 29<sup>th</sup>: Mrs. Curtis, Mrs. Lee and Mrs. Dortch - - The picture days went very smoothly with your help!

## Important Dates

- **October 7 -**  
- School-Wide Assembly @ 9am  
- Volunteer Orientation to follow  
- Orange and Black Day
- **October 10 -**  
- Thanksgiving Day Holiday: **NO SCHOOL**
- **October 11 -**  
- PD Day: **NO SCHOOL**
- **October 27 -**  
- Picture Retakes
- **October 31 -**  
- Halloween Parties



## School Fees

School fees for the **2011-12** school term for **Grades 1 through 4** students will be **\$40.00** for **each student**. It is broken down into the following denominations:

- 1) \$7.00 – Local Levy (used to purchase extra supplies needed for the Art and Science programs at the school),
- 2) \$8.00 – Agenda book (Every student in Gr. 1 - 4 will receive an agenda book, this book is used extensively as communication tool between school and home), and
- 3) \$25.00 - Technology User fee.

The fees for the

**Kindergarten** programs are **\$30.50**: \$10.00 – registration fee (paid at the time of registration or if it was not paid at registration, please submit it to the school of-

fice), \$12.50 - Technology User fee - ECS, and \$8.00 - for Agenda.

**Please make all Kindergarten to Grade 4 payments payable to JEES.**

All school fees are now overdue as of September 30, 2011.

If you anticipate financial difficulties in remitting these fees to the school, please contact the school office to make arrangements for payment of these fees. We are also open to assisting you with setting up a monthly payment schedule - it may be easier to handle a smaller monthly payment than to make a complete payment at one time.



The fees for the **Preschool** program are as follows: \$10.00 – registration fee (paid at the time of registration or if it was not paid at registration, please

submit it to the school office, **PLUS** \$80.00/month for two mornings or two afternoons per week. If your child registered in the Preschool programs at Jennie Emery Elementary School and ***has been documented as having challenges*** in areas such as: fine or gross motor skills, or speech delay, there is full funding through Alberta Learning. **Please make all Pre-school payments payable to Palliser Regional Schools.**

## Safety Reminder

### “DESIGNATED STUDENT DROP OFF ZONE”

Parents are reminded that the south side of 22 Avenue in front of Jennie Emery School is a Student Drop off Zone from 8 am to 9 am on school mornings. Parking is allowed at all other times in this zone. Parking is no longer allowed from the east side of this drop off zone to the corner of 11 Street to eliminate bottle necking in this area.

Signage used to designate this change is per Section 13 of BYLAW 570-R-11-06 TRAFFIC CONTROL AND TRANSPORTATION OF DANGEROUS GOODS BYLAW

- Town of Coaldale.

In order to help the busses along their way more efficiently, a supervisor will ask you to stop and wait to allow the busses to pass quickly out of the parking lot. You will see a SCHOOL sign and a crossing guard with a bright orange and yellow fluorescent vest and a stop sign. Please stop and wait for the busses to move out of the parking lot to help them on their way more quickly.

Please remember that the parking lot area behind the school is intended for bus drop off and pick up; and parking for Palliser school staff only - *not as a pickup or drop off point for*

*non-bussed students or for parking.*

Finally, please remember to respect our 11th Street neighbors (east side of the school) and not to block or use their driveways to park or turn around in.

Thanks so much for your consideration!



## Check-It-Out-From-Your-Library

Wow, almost one whole month has come and gone!! Welcome back everyone and there are lots of NEW books coming to the shelves of our library.

I would like to THANK whomever it was that left a large bag of fabulous books outside the library front doors the week of Sept. 20-23rd. I'm assuming they were left for the library, BUT, if they weren't, they can be claimed ASAP...before I officially say "finders keepers"!!!!

**SUPER NEWS:** The Gr. 1's and 2's will be entertained by a real live author on Sept. 30th starting at 9am in the JEES library. The Gr. 2's will be walking down to the Public Library to see her there @ 10:15 am. Our students have been invited, by the new librarian Ms. Heather Nicolson and the Canada Council, to a free visit.

This author is Andrea Beck from Unionville, Ontario. She is the author/illustrator of the

## J.E.E.S Website

We are trying to reduce paper consumption at JEES. Unless we have a request for a hard copy, all newsletters will be delivered electronically on our website.

Check us out at [www.jees.ca](http://www.jees.ca). The site has current calendars on school events and athletics. Also, by

Elliot Moose books and the TV show. She has also been a toymaker and found that it was a natural evolution to write about toys that come to life in an imaginary world of friendship and play. Her website is: [www.andreabeck.com](http://www.andreabeck.com) for games, info and a contest!

You are all welcome to pop in and welcome her to JEES. Thanks to the Special Events Fund Raising Com. for the funds to host her at our school.

## ART EXHIBIT

We will be hosting another Art Exhibit for the month of October. This one is entitled: **Prairie Observations** by Dean Francis

Dean is a painter who lives and works at his home/studio along the South Saskatchewan River in SW Sask., near Empress,



Alberta. This exhibition will feature a selection of his recent landscape paintings of the region, with images of sage-dotted short grass prairie, rhythmic coulees, dramatic skies and gnarled cottonwoods. His paintings encompass all that is most unique and wondrous on the prairie.

Look for some truly beautiful landscape paintings in the library and foyer display areas in October.

clicking on your child's homeroom parents can access their child's homework. If you want the newsletter e-mailed to you, sign up by, hitting "subscribe", and then when newsletters are uploaded at the school, one will be automatically e-mailed to you.

**ANYONE WISHING TO UNSUBSCRIBE TO THE ELECTRONIC VERSION OF THE JEES NEWSLETTER MAY DO SO ON THE FRONT PAGE OF THE JEES WEBSITE.**

## Counsellor's Corner

### It Takes a Village to Stop Bullying

The problem of bullying requires an all out effort on the part of each of us as individuals, families and entire communities. We need to work together to create a safe environment for our children. As Palliser Regional Schools continues to work towards bully free schools, we can all contribute positively. Our children need the tools to be able to stand up for their rights and needs, to handle conflicts in nonviolent ways and to do what is right even when there may be consequences for their actions. We can blame schools, parents, bullies, bystanders or the kids who are bullied and don't tell anyone but the truth of the matter is that if bullying is to ever really be erased, each has to be prepared to play our part.

Bullying is not playful teasing, sibling rivalry or arguments involving equals. Bullying is deliberate and purposeful behavior which is meant to harm, intimidate or create fear and terror in others. Bullying is not about anger. It isn't even about conflict. It is about the powerful feeling of dislike toward someone considered to be worthless, inferior or not deserving of respect. Kids who bully have an air of superiority that many times is a disguise to cover up hurt and feelings of inadequacy.

As a parent you can be involved in developing the school's anti bullying plan. You can also respond to your children in the following ways:

- Help your child learn self-discipline. This comes from their taking responsibility for their actions and figuring out ways to help them fix what they did and to find ways to prevent the incident from happening again.
- Create opportunities for your child to behave toward others in caring and helpful ways.
- Help your child to care for others and understand their side of things.
- Role model positive conflict resolution.
- Monitor what your child is watching on TV, and what computer and video games he or she is playing. Each has a profound effect on the way our children perceive the world in which they live.

If you have further questions, please contact your Family School Liaison Counsellor.



## School Council Update

Thank you School Council members for all your hard work during the 2010-2011 school year.

A special thank you goes out to Megan Curtis for the Hot Lunch Program and thank you Tanya Wurzer for coordinating the Special Events Committee.

Welcome back students and staff!

The Annual General Meeting for JEES School Council was held on Tuesday, September 20, 2011, year-end reports for 2010-2011 were given and elections of a new executive for the 2011-2012 school year were held. Thank you to all who came out for the evening.

The following people will serve as your new School Council executive:

**Chairperson:** Sandra Smith

**Vice Chairperson:**  
Cathy Comb

**Secretary:** Robyn  
Henderson

**Treasurer:** Nadine Granson

**Parent Rep (Grades 1-4):**  
Megan Curtis

**Kindergarten Rep:** Jodi Reid

**Pre School Rep:** Andrea Klassen/  
Tracy Taylor

**Special Events Committee Chair:**  
Tanya Wurzer

**Principal:** David Fender

**Teacher Rep:** Doug Speelman and  
Shari Rogerson

**Support Staff Rep:** Audrey Reti  
and Laverne Bryant

Jennie Emery Elementary School Council meetings will be held on Monday, November 21, 2011, Tuesday, January 17, 2012, Tues-



day, March 20, 2012 and Tuesday, May 15, 2012.

All meetings are at 6:30 p.m. in the school staff room. We encourage ALL

PARENTS who have children enrolled in ECS through Grade Four to attend. We need active parental involvement in order to be effective

According to our School Council Bylaws, any parent, staff member, board member or community member who wishes to present an issue to the council on which they are requesting action be taken should submit a written request to the Chairperson (Mrs. Sandra Smith) at least **eight (8) days prior to the meeting**. Please email these requests to Mrs. Smith at chinook400@hotmail.com. The request should **clearly state the issue(s) and reason(s)** for the concern..

## News From the Gym

It's already October and as of the writing of this newsletter, we haven't had any snow! The annual Terry Fox walk was a success again thanks to our Parent Council who supplied treats to the students after the arduous walk, Miss Lilley who supplied the Chilly Lilley mobile to transport the treats, Mrs. Pytlarz and Ms. Sherren who supplied the signs and Mr.

Terry Fox (of Lethbridge) who came out to do a short presentation to the students prior to the run day. Thanks to everyone for your help this year! In the gym, we'll be tying up a throwing unit in all grades in October and then the Gr. 4 classes will do a short football unit while the Gr. 1 – 3 classes will start in on a volleying/volleyball unit. The

Kindergarten classes will continue with perceptual motor circuits in October. Following the football, the Gr. 4's will do a volleyball unit and the Gr. 1- 3 classes will do a short gymnastics unit focused on movement. Have a safe and Happy Halloween and see you in November.

## Special Events Committee

The Special Events Committee is calling for volunteers who would like to help in the planning of the events that take place throughout the school year. Sign up sheets are on the wall to the left of the gym.

### Campbell's Soup Labels for Education

Soup! Soup! Soup! The Special Events Committee would like to remind everybody that we are once again collecting Campbell soup labels for our school. The labels get turned in to worthwhile extras like the sports equipment they use at recesses. So keep those labels coming in. Remember that all labels must have the front panel and the UPC bar code in order for them to be accepted.

### Head Lice

#### **What are head lice?**

Head lice are small insects that live and feed on the human scalp causing and irritation. They range in color from beige to black. Lice lay eggs, called nits, on the shaft close to the

scalp. The nits are tiny, oval shaped and shiny. They range in color from creamy white to brown. Nits normally hatch in 7 to 10 days. The adult lice cannot survive away from the head for much more than 24 hours.

#### **How does a lice infestation spread?**

Head lice spread primarily by close head to head contact with persons who have lice and by sharing personal articles such as clothing, hats combs, hair accessories, towels and bed linens.

#### **What to do if you or a member of your family has head lice.**

Head lice affect millions of people each year, especially school-aged children. They **do not** transmit or cause disease and are **not** a sign of poor hygiene. A head lice infestation can be effectively treated with



proper lice products.

#### **How to help prevent re-infestation.**

Cleaning of personal articles is also an important part of head lice management and may help prevent reinfestation. Personal belongings including recently worn clothing, towels and bed linens should be machine washed in hot water and dried using the hot cycle of the dryer for at least 20 minutes. Personal articles of clothing or bedding that cannot be washed may be dry cleaned or sealed in a plastic bag for a period of two weeks. Combs and brushes should be disinfected by soaking in hot water (above 130 F/ 54 C) for 5 to 10 minutes.

Inspect all family members from time to time for any new lice infestation.

The above was taken from the NIX company information booklet.

## School Spirit

It's time to kick off another year of SPIRIT at JEE!

On October 7th, we'd like everyone to wear Black and Orange to our school assembly. As well, we would like students, staff and families to bring items for the Coaldale Food Bank

between October 1st and 7th. JEE would like to make sure everyone in Coaldale enjoys a healthy and happy Thanksgiving meal. We will have a friendly competition to see which class brings in the most items.

Please start thinking about Operation Christmas Child, as the Spirit Committee will be collecting again this year (deadline November 21st).

Here's to another fun-filled year at Jennie Emery!



# Coaldale Clothing Fest

*Clear Out Your Closet!*

Coaldale Mennonite Church  
is holding a Fall Clothing Fest ...

**When?** October 22, 2011 (9:00am - 2pm)

**Where?** Coaldale Mennonite Church Gym  
(2316 – 17 Street)

**Why?** To help *support our community*

**How?** From the *generous donations and support of our community*

The clothing fest is a recycling program, which benefits many families in our community.



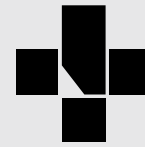
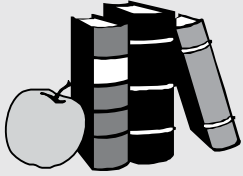
**Pick out clothes at NO CHARGE.**

**Donations of clean clothing of all sizes in good condition** are greatly appreciated.

Donations can be dropped off at the Coaldale Mennonite Church weekdays from 9am-12pm starting October 3 – 17<sup>th</sup> except Oct. 10<sup>th</sup> (Thanksgiving Monday).

Remaining items will be donated to local charities.

For more information or special arrangements or if you would like to help,  
contact Jodi Reed @ (403) 345-5956



## VISION FOR CHILDREN

October is eye health month. Your child's vision health is an important component to learning. Vision examinations help develop a baseline for your child's future vision needs. Alberta children under 19 years of age get one free annual vision exam.

Here are a few symptoms you should watch for that may indicate a vision problem;

if your child loses their place while reading,  
avoids close work,  
holds reading material closer than normal,  
tends to rub their eyes,  
has headaches,  
turns or tilts their head to use one eye only,  
omits or confuses small words when reading.

Children need to be encouraged to take rest breaks during periods of close concentration as well as when computer or playing video games. For further information go to [www.opto.ca](http://www.opto.ca).

## SIMPLE SNACKS

Give your child energy and nutrients throughout the day, by encouraging them to eat a meal or snack every 3-4 hours. Snacks can be very simple and healthy too.

When making a snack, choose foods from at least two of the four food groups from Canada's Food Guide. Some easy snack ideas include:

- berries and yogurt
  - whole grain crackers and cheese
  - red and green peppers with hummus
- fruit salad and almonds

To make a healthy snack the easy choice keep cut up veggies and fruit in the fridge!

For more information and snack ideas please visit <http://bit.ly/ohAIlm>.

## INTERNATIONAL WALK TO SCHOOL WEEK October 3-7, 2011

International Walk to School Week gives children, parents, school teachers and community leaders an opportunity to be part of a global event as they celebrate the many benefits of walking. Every year, millions of walkers from around the world walked to school together for various reasons — all hoping to create communities that are safe places to walk.

### Walking:

encourages physical activity by teaching children the skills to walk safely, how to identify safe routes to school, and the benefits of walking  
raises awareness of how walkable a community is and where improvements can be made  
raises awareness about concern for the environment  
reduces traffic congestion and pollution near schools

For more information: [www.iwalktoschool.org](http://www.iwalktoschool.org)





Symptoms/ Description	Influenza	Common Cold	Stomach Flu
<b>Fever</b>	Usually high	Sometimes	Rare
<b>Chills, aches, pain</b>	Frequent	Slight	Common
<b>Loss of Appetite</b>	Sometimes	Sometimes	Common
<b>Cough</b>	Usual	Sometimes	Rare
<b>Sore throat</b>	Sometimes	Sometimes	Rare
<b>Sniffles or sneezes</b>	Sometimes	Common	Rare
<b>Involves whole body</b>	Often	Never	Stomach / bowel only
<b>Symptoms appear quickly</b>	Always	More gradual	Fairly quickly
<b>Extreme tiredness</b>	Common	Rare	Sometimes
<b>Complications</b>	Pneumonia (can be life threatening)	Sinus infection or Ear infection	Dehydration



### What is Influenza?

Influenza is an infection of the lungs and airways caused by various strains of influenza virus that circulate throughout the world each year. In North America, influenza virus usually affects people between November and April - our “flu season.”

Symptoms appear quickly: fever, chills, aches, cough and fatigue.

Complications can include pneumonia, bronchitis, and croup.

Influenza is highly contagious and spreads through coughing, sneezing and talking.

Influenza can enter the body through the eyes, nose or mouth after touching contaminated objects such as door knobs and used tissues.

Many people confuse the symptoms of influenza with those of a cold or gastroenteritis (“stomach flu”) but they are different diseases.

### How to Prevent Influenza

Seasonal influenza vaccine protects against the three most common strains of influenza virus identified by the World Health Organization (WHO).

Seasonal influenza vaccine is available at no charge for all Alberta residents over six months of age (including pregnant women) during October and early November.

The vaccine takes approximately two weeks to become effective and lasts for four to six months.

Next to immunization, the most important way to prevent infection is by proper hand washing. Washing hands often with soapy water or sanitizer is the most effective way to control the spread of germs and diseases.

Other strategies to prevent influenza include keeping hands away from the eyes, nose and mouth, disinfecting counter-tops, doorknobs, telephones, etc.

Strengthen your immune system by being physically active, eating healthy and decreasing stress in your life.

**Influenza Clinics start October 17. Please check your local newspaper for dates, times and locations**

**or go to the Alberta Health Services website at [www.albertahealthservices.ca](http://www.albertahealthservices.ca) or call Health LINK Alberta at 1-866-408-5465 for information on Influenza immunization clinics in your area.**

October 2011

Jennie Emery Elementary School  
1101-22 Ave  
Coaldale, AB  
T1M1N9

Phone: 403-345-2403  
Fax: 403-345-5487  
E-mail: [www.jees.ca](http://www.jees.ca)

## Coaldale Figure Skating Club



The Coaldale Figure Skating Club will be taking registrations for the 2011-2012 season, Tuesday October 4 and Thursday October 6 at the Coaldale Sportsplex from 4:30-8:00 pm.

We offer CanSkate (learn-to-skate), StarSkate and CanPowerskate (NEW THIS YEAR). Our programs take place Tuesday and Thursday afternoons.

For more information email [coaldalefigureskatingclub@gmail.com](mailto:coaldalefigureskatingclub@gmail.com) or phone Sherrie at 403-345-4228

**TEACHER:** Clyde ,  
your composition  
on 'My Dog' is  
exactly the same  
as your brother's.  
Did you copy his?

CLYDE: No, sir. It's  
the same dog.

**TEACHER:**  
Donald, what is  
the chemical  
formula for water?

DONALD: H I J K L  
M N O.

**TEACHER:** What  
are you talking  
about?

DONALD: Yesterday  
you said it's H to O.

**TEACHER:** Maria,  
go to the map  
and find  
North America

**MARIA:** Here it is.

**TEACHER:**

**Correct. Now  
class, who  
discovered  
America ?**

**CLASS:** Maria.



# October 2011

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 -School fees due	4	5	6	7 -School-wide assembly -Volunteer orientation -Wear Orange & Black	8
9	10 Thanksgiving Day Holiday	11 PD Day - NO SCHOOL for students	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27 Picture Retakes	28	29
30	31 <b>Halloween</b> Halloween Parties					