

# Summer 2020 Resource List

All Regions & Online Programs			
Agency	Programs & Services	Number	Online
Alberta Summer Camps Directory (cost)	<p>Find summer camps in the province of Alberta from day camps in Calgary, Edmonton and Red Deer, to overnight camps in the foothills and the northern part of the province. Below the list of camps, you can read more about camps in specific cities along with advice for parents and kids.</p> <p><b>*Please note that these camps require a fee for registration not covered</b></p>		<a href="#">Alberta Summer Camps for Kids</a>
Be Fit For Life (free)	<p>There are lots of physical activity resources being shared through different media channels during this time, which we recognize can be overwhelming. This simple guide can help you choose and develop a physical activity plan that works for your family.</p>	<p>email: bffln@provincialfitnessunit.ca</p>	<p><a href="#">Active At Home</a></p> <p><a href="#">Be Fit For Life   BE READY</a></p>
Southern Alberta Bible Camp CAMP4 U Videos (free)	<p>Youtube video series featuring classic and new camp faces bringing camp home to campers and families</p>		<a href="#">4 U • SABC</a>

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Help Seekers	HelpSeeker connects you to thousands of community, health and social services with a click of a button		<a href="#">HelpSeeker   Find the service providers you need with a click of a button</a>
Our Kids Virtual Summer Programs (cost)	The following camps and kids' programs offer virtual programming during the outbreak. Virtual kids' camp is an ideal way to keep your child engaged, with structured learning and activities.		<a href="#">100+ Virtual Programs and Online Camps For 2020, During COVID-19 Measures</a>
Palliser School Division (free)	Virtual Calming Rooms		<a href="#">Palliser Virtual Calming Room</a>
	Parent Learning Link - resources for parents & teachers		<a href="#">Palliser Resources for Parents and Teachers</a>
Telus Spark (cost)	Enjoy daily camp content and activities for approximately 6 hours per day, including virtual group instruction time with our expert camp instructors.		<a href="https://www.sparkscience.ca/education/camps-sleepovers/online-camps">https://www.sparkscience.ca/education/camps-sleepovers/online-camps</a>
Southern Alberta Bible Camp - CAMP4 U Crew (Cost)	We will give campers a couple of challenges to take on and crafts to try and then they can send us videos and pictures of their camp4u experience and be a part of the highlight videos on Friday afternoons! \$25.00 for t-shirt		<a href="#">Register • SABC</a>

## South Zone

Agency	Programs & Services	Number	Online
Boys & Girls Club (cost)	Summer Camp at Main North and Kinder Club South Pricing for Kindergarten is \$250 per week, or \$725 per month Pricing for grades 1-6 is \$225 per week, or \$675 per month	403-327-6423	<a href="#">Summer Camp</a>
Boys & Girls Club (free)	Virtual Youth Center	403-327-6423	<a href="#">Virtual Youth Centre</a>
CASA (cost)	Revised Children's Art Camps will be held in July and August for cohorts of 6 to 8 children. Camps will run full days from 9:00 am - 3:30 pm; Monday through Friday. Registration for the full-day camps will commence June 8, 2020.	Please contact 403.327.2272 to register or visit the Casa website, <a href="http://casaletbridge.ca">casaletbridge.ca</a> , for further information.	<a href="#">Classes &amp; Workshops   CASA Lethbridge</a>
Coulee Climbing	Our 7-hour camps are packed with fun activities and games, designed to deliver a well-balanced experience both on the wall and off. Each day will have a mix of climbing games and exercises, along with other skills, crafts and games	403-381-1540	<a href="#">Youth Programs — Coulee Climbing</a>

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City of Lethbridge - Active Lethbridge	Improve health through capacity building of individuals and their communities. Online Resources and Ideas for families		<a href="#">Active Lethbridge   Enjoy leading an active &amp; healthy lifestyle!</a>
Family Centre Lethbridge (free)	Offering online groups, programs, and workshop sessions		<a href="https://www.famcentre.ca/page/renting-during-covid-19/">https://www.famcentre.ca/page/renting-during-covid-19/</a>
New West Theater (cost)	Our live in-person camps are traditionally structured day camps with heightened health and safety guidelines to meet new provincial standards.	403-381-9378	<a href="https://www.newwesttheatre.com/summercamps2020/">https://www.newwesttheatre.com/summercamps2020/</a>
Opokaa'sin	The goal of the summer camp program is provide aboriginal children and youth an opportunity to access summer recreational activities along with cultural teachings	403-380-2569	<a href="#">Programs &amp; Services   Opokaa'sin</a>
Southern Alberta Art Gallery	Immerse yourself in a world of imagination during our dynamic children's day camps.	403-327-8770	<a href="#">SUMMER CAMPS</a>
The Colosseum of Lethbridge (cost)	Day camp will run Monday to Friday 9 am to 4 pm, there may be a half day week if there are enough younger kids 5-7 age.	403-894-8766	<a href="#">Laser Tag and Archery Lethbridge</a>
Town of Coaldale (free)	Community pop up Activities posted, list of Organizations providing services and programs		<a href="#">Coaldale Cares: We Are In This Together</a>

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YMCA Lethbridge (cost)	Camps will be offered for children 4yrs-12yrs of age, run Monday-Friday. Details TBA.		<a href="#">YMCA of Lethbridge – Building Better Communities</a>
University of Lethbridge Horns- Recreations	In Person Camps For August 2020		<a href="#">Horns Summer Camps</a>
University of Lethbridge Conservatory of Music (cost)	Offering online programming		<a href="#">Conservatory of Music</a>
University of Lethbridge - Destination Exploration	Will be running Mini uLethbridge online camps for at least July  In Person Camps for August 2020		<a href="#">Summer Camps</a>

# Ideas for Fun Summer Activities to do with your Kids this year



Ride your bike	Go to the Park	Go on a Nature Walk	Star Gaze at Night
Walk	Plant a garden	Homemade Play-doh	Family Fondue Night
Chalk your Walk	Make a Fort	Write a letter	Read a Book
Picnic	Have a pizza party	Slip N Slide	Go for a Hike
Fly a Kite	Bake Cookies	Visit a New Playground	Go to a local lake
Family Game Night	Learn how to Juggle	Make a Bird Feeder	Go swimming
Build with Lego	Go on a Bug Hunt	Play Charades	Go to Waterton
Have a Water Fight	Watch a Movie	Play Soccer	Go to the Movies
Camp in your backyard	Blow Bubbles	Homemade Spa Day	Go fishing
Hunt	sprinklers	Course	Camping
Go on a Scavenger	Run through the	Create an Obstacle	