

Jennie Emery Elementary

September 2023 Newsletter

PRINCIPAL'S MESSAGE

Welcome to a new school year - I am excited to join this school and community. The back to school excitement is in the air, and it's been a wonderful start at Jennie Emery Elementary School.

We are thrilled to have the privilege of working with your children for the 2023-24 year. Thank you for all your support during the first few days back to school. Students are settling into their classroom spaces and routines very well, and our staff is looking forward to a year filled with learning and celebrations.

I am also looking forward to meeting and connecting with all families. I encourage everyone to join us at our 'Meet the Teacher Night' next week.

Also, please take a look at the calendar dates for upcoming School Council meetings as well as school activities and events.

If you have any questions, ideas, or suggestions you would like to share, please feel free to call me or stop by the school.

Chris Spanos, Principal



REMINDERS

Nuts & nut products - Please do not send nuts or products containing nuts to school with your child. There are staff and students in our school who are extremely allergic to peanuts and other nuts..

School Fees – School Fees for the 2023/2024 school year are available on School Cash Online

JEES Website/Newsletter/Social Media-Important information can be found on the Jennie Emery website (www.jees.ca). Here you can find the school calendar, bell times, upcoming events, monthly newsletters etc. Posts will also be shared on the Jennie Emery Facebook page, and Class Dojo. The monthly newsletter will be emailed to the parent/guardians who provided an email during registration. If you are not receiving the newsletter and would like to, please let the front office know.





To enter your child's attendance please use Edsby.

If you don't already have it, please register at: <u>https://pallisersd.edsby.com</u>.

Please feel free to contact Nicole or Kristy in the front office if you have any questions.





FRIENDS OF JENNIE EMERY & SCHOOL COUNCIL

The Jennie Emery School Council and Friends of Jennie Emery Elementary Society will be holding their Annual General Meeting on Sept 13, 7pm at the school, shortly after the Meet the Staff BBQ. Please come see what we're all about and maybe even volunteer for one of the many positions available this year.

Chairperson

• The chair shall be responsible for planning the agenda for meetings, facilitating the meetings, acting as a spokesperson for the council, and generally supervising the council. 2-year term.

Vice-Chairperson

• The vice chair shall assist the chair with duties as assigned and in the absence of the chair, assume the duties of the chair. 1 or 2-year term.

Treasurer

• The treasurer shall be responsible for all financial transactions of the council, shall present an account of the funds to the members of the council and shall prepare the accounts for auditing. 2-year term.

Hot lunch Director

• Pick up and distribute monthly hot lunches at the school. 1-year term. Fundraising Director(s)

• Organize and plan the annual fundraisers as well as a fundraising Gala this year. 1-year term.

Playground Director

• Continue fundraising for the Inclusive playground addition and complete all post-completion reports. 2-year term.



NEWS FROM THE LEARNING COMMONS

ABOUT THE CURRENT ART DISPLAY

⊲·△·۲"∩Ъ' wawisihcikan – adornment

According to the dictionary, 'adornment' refers to the use of item(s) that decorate, embellish, enhance, beautify, or enrich. It could be said adornment is the finishing touch that distinguishes the wearer. Adornment from an Indigenous perspective goes beyond the items' beauty. It is an artistic expression that conveys many levels of communication. It makes connection to a spiritual foundation, the importance to land and place, and defines inherent culture. Early adornment provides a sense of knowledge about our ancestors that reflect the natural world in which they lived. The seasonal round of birth and rebirth shape our worldview in a circulatory way as everything is interdependent. Spirituality has been the foundation for Indigenous peoples' lives and an 'intrinsic quality of creative activity.' These artistic expressions were woven into the fabric of daily life. Artifacts were generally created as items to be used, not as 'art'. Bags, pouches, along with awl and knife sheaths were functional yet beautifully decorated. 'More than beautiful ornamentation, adornment is a visual language expressing the joy of creativity, pride in attention to craftsmanship, and the desire to share with others. Above all, it honors oneself as well as one's people by doing a thing well.'

(Sherr Dubin, Lois. North American Indian Jewelry and Adornment; Harry N. Abrams, Inc. New York. p11,12,18)

The exhibition ליביז"רים wawisihcikan - adornment was curated by MJ Belcourt and organized by the Art Gallery of Alberta for the Alberta Foundation for the Arts Travelling Exhibition Program. The AFA Travelling Exhibition program is supported by the Alberta Foundation for the Arts.



wawisihcikan adornment

A Travelling Exhibition of Albertan Art 🥽





left: Elaine Alexie, Ditsuu A'tan Ky'uu Gaonahtan - Grandmothers teachings through flowers signature necklace, 2021, antique/vintage micro seed beads, caribou hide, vintage trade beads, antique torse beads, silverberry, dentalium shell, 24kk gold and silver components. Elaine Alexie - Private Collection. right: Erik Lee, Necklace, 2021, sterling silver, Collection of the artist.

LOCATION: Jennie Emery Elementary School

DATES: September 7 - October 4, 2023

The Alberta Foundation for the Arts Travelling Exhibition Program (TREX) strives to ensure every Albertan has access to visual art exhibitions in their community. Our shows travel to schools, libraries, healthcare centres and small galleries throughout the province. For more information on the TREX program and locations of other exhibitions in your area, visit our website at trexsoutheast.ca.















Jennie Emery



Parent Information Sessions

Child, Youth and Family Addiction and Mental Health Phone: 403-381-5278

Parent ADHD Information Sessions

These are educational sessions for parents and caregivers who want to learn about ADHD. The purpose of these sessions is to provide current introductory information around ADHD. The Zoom link below is the same for all ADHD parent sessions. Participants can choose to attend any of the sessions as many times as they like.

Session Date:	Topic of Session:
September 19, 2023, 6-7 p.m.	What is ADHD & How to Talk to Your Child/Teen About It
October 3, 2023, 6-7 p.m.	How Medication, Sleep, Exercise & Nutrition Impact ADHD
October 17, 2023, 6-7 p.m.	How ADHD Impacts Self-Regulation & The Importance of Coregulation
October 31, 2023	Halloween – NO SESSION
November 14, 2023, 6-7 p.m.	Tools for Effective Parenting a Child/Teen with ADHD
November 28, 2023, 6-7 p.m.	Navigating School Systems & Community Services
December 12, 2023, 6-7 p.m.	What is ADHD & How to Talk to Your Child/Teen About It
December 26, 2023	Christmas Break – NO SESSION
January 9, 2024, 6-7 p.m.	How Medication, Sleep, Exercise & Nutrition Impact ADHD
January 23, 2024, 6-7 p.m.	How ADHD Impacts Self-Regulation & The Importance of Coregulation
February 6, 2024, 6-7 p.m.	Tools for Effective Parenting a Child/Teen with ADHD
February 20, 2024, 6-7 p.m.	Navigating School Systems & Community Services
To Register: Please call Access Addiction & Mental Health at 1-888-594-0211	

Keep Calm and Parent On Information Sessions

These educational sessions are designed for parents/caregivers who want to understand the foundation in which to support their child/teen's self-regulation in conflict, while preserving/obtaining a healthy parent/child relationship. Coregulation will also be a focus providing opportunities for parents to reflect on their own ability to self-regulate when in conflict. The Zoom link below is the same for all sessions. Participants can choose to attend any of the sessions as many times as they like.

Session Date:	Topic of Session:
September 21, 2023, 6-7 p.m.	Ages & Stages – How Development Impacts Parenting Expectations
October 5, 2023, 6-7 p.m.	Building Communication Skills with Our Children/Teens
October 19, 2023, 6-7 p.m.	Examining How Boundaries Impact the Parent/Child/Teen Relationship
November 2, 2023, 6-7 p.m.	Understanding Anger and How to Manage Conflict
November 16, 2023, 6-7 p.m.	Examining How Family Roles Impact the Parent/Child/Teen Relationship
November 30, 2023, 6-7 p.m.	How to Balance Technology in Your Family
December 14, 2023, 6-7 p.m.	Ages & Stages – How Development Impacts Parenting Expectations
December 28, 2023	Christmas Break – NO SESSION
January 11, 2024, 6-7 p.m.	Building Communication Skills with Our Children/Teens
January 25, 2024, 6-7 p.m.	Examining How Boundaries Impact the Parent/Child/Teen Relationship
February 8, 2024, 6-7 p.m.	Understanding Anger and How to Manage Conflict
February 22, 2024, 6-7 p.m.	Examining How Family Roles Impact the Parent/Child/Teen Relationship
To Register: Please call Access Addiction & Mental Health at 1-888-594-0211	